TOO MUCH / NOT ENOUGH PATTERN TRACKER

Sign the guestbook

After each game, **circle the toast you received** and leave a short note for the next player, who is **you**. Read your old notes before you play again.



	DATE	THE TOAST I RECEIVED			A NOTE TO FUTURE ME
1		Sustenance	Safety	Leisure	
		Dignity	Mourning	Belonging	
		Understanding	Affection	Creativity	
2		Sustenance	Safety	Leisure	
		Dignity	Mourning	Belonging	
		Understanding	Affection	Creativity	
3		Sustenance	Safety	Leisure	
		Dignity	Mourning	Belonging	
		Understanding	Affection	Creativity	
4		Sustenance	Safety	Leisure	
		Dignity	Mourning	Belonging	
		Understanding	Affection	Creativity	
5		Sustenance	Safety	Leisure	
		Dignity	Mourning	Belonging	
		Understanding	Affection	Creativity	
6		Sustenance	Safety	Leisure	
		Dignity	Mourning	Belonging	
		Understanding	Affection	Creativity	
7		Sustenance	Safety	Leisure	
		Dignity	Mourning	Belonging	
		Understanding	Affection	Creativity	
8		Sustenance	Safety	Leisure	
		Dignity	Mourning	Belonging	
		Understanding	Affection	Creativity	
9		Sustenance	Safety	Leisure	
		Dignity	Mourning	Belonging	
		Understanding	Affection	Creativity	

Reflect after nine plays

1. What patterns do you notice in the toasts you chose?

2. What themes do you notice across the messages to yourself?

Keep this where you keep your deck.

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